

## Donation Appeal

All services rendered by India Renal Foundation are absolutely free to all patients and society. We survive purely with the philanthropy of the community and do not get any government grant. Your support by way of sponsorship and donation will be highly appreciated

Sr.No.	Description	Donation Amount
1.	One Dialysis Kit	Rs. 1,000
2.	One month Medicine for Kidney Transplant patient	Rs. 15,000
3.	One Awareness Programme	Rs. 3,000
4.	One Prerana Programme	Rs. 5,000
5.	Printing of educative leaflets/booklets ( Name of the donor will be printed as the sponsor )	Any amount

## Donation received during the quarter

### Donors

Gennova Biopharmaceuticals	Rs. 39,200
State Bank of Saurashtra Employees Family ( In memory of Late Shri Ghanshyambhai Bhatt)	Rs. 25,000
Shri Sunilbhai I. Patel	Rs. 8,000
Shri Kartikey Shashankbhai Shah	Rs. 6,000
Shalibhadra Master Investment Pvt. Ltd.	Rs. 5,000
Smt. Chitra Kirthivasan	Rs. 2,000
Smt. Geetaben N. Dalal	Rs. 1,000

### Donors of



### Ahmedabad

Lions Club of Samvedana, Ahmedabad	Rs. 96,000
Smt. Kusumben J. Dalal	Rs. 7,000
Smt. Purnimaben D. Bhatt	Rs. 1,000

### Prerana Programme Donors

Shri Rohitbhai Parikh	Rs. 2,500
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### Life Membership

Smt. Purnimaben D. Bhatt	Rs. 5,000
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### Baroda

Kemtron Technologist Pvt. Ltd.	Rs. 65,250
Alfa Foundation	Rs. 14,300
<b>Surat</b>	
Geelon Industries Pvt. Ltd.	Rs. 10,000
Shri Shehzad K. Wadia	Rs. 2,500

### Five Years Membership

Smt. Geetaben N. Dalal	Rs. 1,000
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### Annual Membership

Shri Jayaramdas B. Soni	Rs. 250
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India Renal Foundation

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All contributions to India Renal Foundation are 50% tax exempt u/s 80G



## Editorial

# Oasis

Quarterly Newsletter of India Renal Foundation

Issue 61 : April - June 2017

### Dear Friends,

We continue to focus on our main activity i.e. **Awareness Programmes (AP)**. During the quarter **134 APs** were held in different locations across the state. As decided earlier, we were trying to increase our activities in villages and taluka places either independently or with the help of Primary Health Centres (PHC) or in Association with other NGOs.

The villages and taluka places where we conducted the APs includes;

Sanand, Viramgam, Chandkheda in Ahmedabad district, Kalol, Mansa in Gandhinagar District, Khara, Balol, Undanee, Nanivada, Sundhiya, Davol, Kheralu, Panchot, Kherava, Talevi, Dalisana in Mehsana district, Padra, Dabhoi, Pavaghadh, Rajupura, Bhajwa, Dashrath, Dabaka, Vadu, Chhani, Koyali, Nizampura in Vadodara district, Velavdar, Koliyak village in Bhavnagar district, and Vavdi, Pal, Dhokdi, Kankot villages in Rajkot district and Vasad in Anand district.

### We also initiated our activities in the city of Junagadh, where 10 APs were held.

We are contemplating to expand the scope of our services by way of providing basic facilities of measurement of Blood pressure and Diabetes on the spot particularly in rural areas as it has been observed that such basic facilities are not easily available to the people in villages. It is well known that High BP and Diabetes are increasing day by day and in fact they are the major risk factors of chronic renal disease. This may require purchasing a Van and creating some basic infrastructure so as to meet the requirements. God willing we may be able to see our dream fulfilled in the coming months.

One of our important programmes for last more than a decade is "**Jivandaan**". It means giving life to someone by providing an organ which he or she needs. We have been working for this cause and propagating the Idea through all our awareness programmes so as to make citizens conscious of the importance of Organ Donation. Over the years through the awareness created by all concerned, the society at large has realised the importance of organ donation and month on month more and more organs are being donated to the needy patients so that they can lead a normal life.

Organ Donation Day falls on 13th August this year. It is celebrated in order to motivate and sensitize the society to donate organs as well as to understand the value of Organ Donation in the life of an Individual who is in need of the same. I would urge the society at large to enthusiastically take up this cause and help a large number of needy people to save their lives by receiving the required organ/s from donor/s. The society also will have to adopt to the thinking of doing good work on behalf of the dyeing person and earning "Punya" for him by donating his organ/s which otherwise will turn in to ashes.

**In order to give a boost to the organ donation movement we, at IRF are planning to organise a training programme for transplant co-ordinators at Ahmedabad. Citizens interested to work for this noble cause voluntarily can contact our organisation.**

During the quarter following major donations were received by the foundation:

(1) Lions Club of Samvedana - Shri Rashmikant Shah, Ahmedabad	Rs. 96,000/-
(2) Kemtron Technologies, Vadodara	Rs. 65,250/-

We are grateful to the donors for their contribution and kind support.

With best wishes,

**Chinubhai R. Shah**  
Chairman

### Advisory Committee Members :

#### Ahmedabad Chapter

1. Smt. Priti Adani
2. Padmshri Dr. Kumarpal Desai
3. Shri Trilok Parikh
4. Shri Rameshbhai O. Parikh
5. Shri Rashmikant Shah
6. Smt. Rekha Chona
7. Shri Hemant Shah
8. Smt. Jayshree Mehta
9. Shri Shubhang Shah
10. Shri Nilesh Desai
11. Shri Bharatbhai Modi
12. Shri Rameshbhai Patel

#### Baroda Chapter

1. Rajmata Shubhangini Raje Gaekwad
2. Shri G. D. Jalani
3. Shri Karan Grover
4. Shri Jal Patel
5. Shri Yogesh Velani
6. Shri Madhu Mehta
7. Shri Kunjal Patel
8. Shri Mahesh Shah
9. Shri Rohit Parikh

#### Surat Chapter

1. Shri Sharad Kapadia
2. Shri I. J. Desai
3. Shri Arun Jariwala
4. Shri Rajnikant K. Marfatia
5. Shri Rajendra Chokhawala
6. Dr. Mrs Meena Mandlewala
7. Dr. Praful Shiroya
8. Shri Bharatbhai Shah
9. Shri Rohit Mehta
10. Shri Kamlesh Yagnik
11. Shri Pradip Calcuttawala
12. Shri Jitendra Dalia
13. Shri Dhiren Tharnari

## Activities done during the quarter:

### Awareness Programmes

A total of 134 Awareness Programs for public education were held across Gujarat and many villages were covered. India Renal Foundation was invited to conduct an Awareness talk at Kaushalya Vardhan Kendra run by Govt. of Gujarat Education across Gujarat. During the quarter, this talk was conducted at Panchot, Balol, Kherava, and Bajwa villages. Same talks were also held at ITIs across Gujarat. ITIs in Dashrath, Anand, Dabhoi, and Vasad were covered and students were educated. In Ahmedabad District, some of the programmes were held in association with Taluka Health Office at Sanand and Viramgam and same way at Kalol with Taluka Health Office in Gandhinagar district.



Block Health Office at Viramgam



Dena Bank Zonal Office at Gandhinagar



Madhur Dairy, Junagadh



ITI Bhavnagar



Sidharth School, Mehsana



ITI Rajkot



S.H.G. Group, Surat



Chokshi K.K. Girls High School, Padra

### Awareness Programme for Navsari Agriculture University



Dr. Dipak Tamakuwala

On 24th June, an awareness programme on kidney diseases for employees of all departments was held wherein well-known nephrologist from Surat Dr. Dipak Tamakuwala was invited. We thank Dr. Dipak Tamakuwala for his continued support to our activities.



### Ahmedabad

Shri Bhadresh Khara, a motivational speaker from Ahmedabad, conducted a wonderful talk on 'Jivan Darshan' for our Prerana members on 3rd June. After working for 29 years with a well known cement company, Mr. Khara left his professional career for spiritual upliftment and social service. He is now giving his services at Adarsh Amdavad on various soft skills. We are thankful him for his time and inputs given to our patients.



Ahmedabad



Vadodara

### Vadodara

On 25th June, A programme of Musical evening was arranged for Prerana members of Vadodara city. Sur-Tirth Music group from the city was invited to entertain our patients. This programme was given for free for our patients. We thank Shri Gaurangbhai and his entire team for this beautiful programme.

### Surat

On 23rd April, we had invited Dr. Anil Patel (Nephrologist) to educate patients about kidney related issues. His session was followed by Smt. Jyotiben Kulkarni (Psychologist) and Shri Natvarbhai Pandya (Humorist). We thank all of them for their valuable time and helping our patients live a better life with their inputs.

Shri Jwalantbhai Nayak was present as master of ceremony and entertained patients with his speech. We are grateful to him for his continued support to our activities.



Surat

## Jivandaan

Our mission is to spread awareness and sensitize society at large about Organ Donation through this programme. Organ Donation Day is celebrated in India on 13th August every year.

### Frequently asked questions about Brain Death and Cadaver Organ Donation

#### 1. When is a patient declared dead ?

A person may be declared dead due to cardiac arrest or due to brain death.

#### 2. What is brain death ?

**Brain death** is the complete loss of brain function. The main causes of brain death are tumour in the brain, trauma or haemorrhage. In brain death, the entire brain dies, both the upper parts of the brain (cerebrum) and the lower parts of the brain (brain stem). The cerebrum or upper brain is responsible for voluntary movement, thinking, hearing, seeing, feeling emotions and more

The brain stem or lower brain is responsible for the vegetative functions such as breathing or sleeping and waking up

#### 3. Why should I become an Organ Donor ?

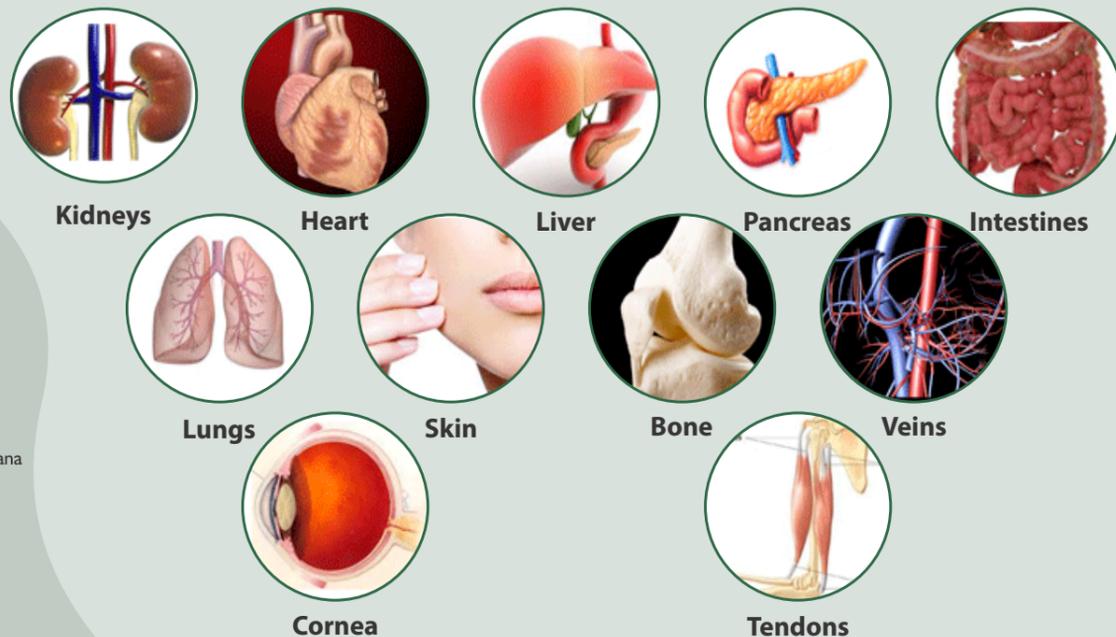
According to various sources, in India every year,

- 500,000 people die because of non-availability of organs
- 200,000 people die of liver disease
- 50,000 people die from heart disease
- 1,50,000 people await a kidney transplant but only 5,000 get one

Organ donation is the process of Retrieving or Procuring an organ from a live or deceased person known as a DONOR. The process of recovering organs is called HARVESTING. This organ is transplanted into the RECIPIENT who is in need of that organ.

It has been seen in umpteen situations that relatives are hesitant and unwilling to donate the organs of their loved ones, who have been declared brain dead.

#### 4. What Organs and Tissues can be donated ?



#### Advisory Committee Members :

##### Rajkot Chapter

1. Shri Rameshbhai Patel
2. Shri Chandubhai Virani
3. Shri Hareshbhai Vora
4. Shri Shambhubhai Parsana
5. Dr. Sudhir Bhimani
6. Dr. Kamlesh Joshipura
7. Shri Kishorbhai Kotak
8. Shri Mittal Khetani
9. Shri Rajanibhai Patel

#### 5. How does Organ Donation help patients with Organ Failure?

Organ Transplant means a new lease of life for Organ Recipients. Many recipients return to a normal lifestyle after organ transplant.

Unlike for kidney failure where patients can still survive for years on dialysis, people whose livers fail will die without a transplant. For heart and liver failure patients organ transplantation is the only chance of survival as there is no therapy like dialysis for such patients. ... On the other hand, a cadaveric donor can donate all vital organs such as heart, lungs, liver, kidneys, pancreas and tissues such as heart valves, eyes, bones etc.

### Be an organ Donor ....Leave a legacy of life

Once you decide to donate your organs, you can download and print your donor card which will state your consent to having your organs and tissue made available for transplantation after your death.

Print and keep this card with you at all times. Do understand that this card is not a legal document, but an acknowledgement of your wish to donate your organs.

Pl. remember that your family and dear ones would be the ones to who will give the final consent so it is very important to keep them informed about your wish.

**Potential Organ Donors are slipping away and with them slip away the hopes of countless people and families.....Let us join hands and work together for this cause.**

## Donor Card

Name : \_\_\_\_\_

Age : \_\_\_\_\_ Blood Group : \_\_\_\_\_

*Keep this card with you at all times. Let your relatives know your wishes.*

After my death, I would like to donate

- a) Any part of my body or  
 b)  My Corneas  Kidneys  Heart  Lungs  Liver  
 Pancreas  Intestines for therapeutic purposes

Signature \_\_\_\_\_ Date \_\_\_\_\_

In Emergency Contact \_\_\_\_\_

Tel. : \_\_\_\_\_



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 e-mail: [irf@indiarenalfoundation.org](mailto:irf@indiarenalfoundation.org) visit us at: [www.indiarenalfoundation.org](http://www.indiarenalfoundation.org)

#### Advisory Committee Members :

##### Mehsana Chapter

1. Shri Anilbhai T. Patel
2. Shri Chandubhai I. Patel
3. Shri Ajitbhai T. Patel
4. Shri Sharadbhai P. Shah
5. Shri Surendrabhai B. Parikh
7. Dr. Shri P. D. Patel
8. Shri Sandipbhai K. Sheth

## Stories of grit and great human spirit .....

### The Chunara family who has exhausted all its kidneys...

Karan Chunara, young son of the family was diagnosed with CRF at the age of 18. Chronic Renal Failure runs in this Vadodara based family.

His father, Shri Kamalkant Chunara was diagnosed with same disease in his young age and Karan's grandmother, Dhaniben donated her kidney to his son



**The Chunara family**

### Shri. Manoj Bhalala - A story of robust willpower

The Dawn of the new year on 1st January 2004 brought a gloomy day for our kidney patient, Manoj Bhalala. He was just 27 and a father of 10 months old son then.

Immediately he was put on haemodialysis. His mother donated one of her kidneys and kidney transplant was done. Unfortunately that kidney failed in 24 hours and he was again put on haemodialysis by doctors.

"We are a small family of four members. My father and brother could not donate me one as their blood group was different and the only option left was to wait for a cadaver kidney" -says Manojbhai

I was undergoing haemodialysis twice a week and was waiting for a cadaver kidney. I had a very tough time. I have seen many sleepless nights. Swollen face, fatigue and mood swings were experienced very often.

After a long wait of 12 years on haemodialysis, I received a cadaver kidney in January 2016. I am really very thankful to the donor family and appeal the society to come forward for Organ Donation.



**Shri. Manoj Bhalala**

Few years later, Karan's sister, Rupal, too suffered Kidney Failure at the age of 16 and her mother, Kokilaben donated her one kidney.

When Karan's kidneys failed, the family was shattered with sheer helplessness to save their only son.

Four of them were living on one kidney and did not know what to do to save their son. Karan's grandfather was old and could donate his organ to him...so they were largely dependent on a donor kidney.

Fortunately, after few dialysis Karan got a cadaver kidney donation and now living a very healthy and regular life for last more than 11 years. He is very grateful to the donor family for giving him a new lease of life.

### Ms. Jayni – The powerful soul

A school going girl then, our little sweet angel Jayni was diagnosed with Chronic Renal Failure at the tender age of 14. Immediately she was put on medication and later on haemodialysis as there was no donor available from her own family...

This brave girl had to take haemodialysis twice a week and registered her name as Cadaver Organ Recipient.

She got her cadaver kidney transplant in January 2006 when she turned 18 which gave her second chance at life. She could complete her studies thereafter. It's been more than 11 yrs now since she got her kidney transplant and she is enjoying a regular life,



**Ms. Jayni**

Organ Failure is a massive public health issue and organ transplantation can be a lifesaving treatment option. There are as many patients dying per year of organ failure as are on the transplant waiting list currently!

The only reason for the low cadaveric transplant rate is the loss of available organs due to lack of awareness or human failure. This is something that needs to be addressed urgently, because it is, literally, a matter of life and death.

Apart from saving lives with Cadaver Organ donation, many studies have shown that it is both cheaper for the nation and better for the patient to get a kidney transplant rather than to stay on dialysis.

- **What can you do to spread awareness, raise funds, and help save these precious lives?**